



Warm care...
like mother's love!









Oppymed Infant Heel Warmers are designed for ease of use. They gently wrap around an infant's heel, warming the area to significantly improve local blood circulation. As a result, the skin becomes warm, soft, and moist - creating a favorable texture that minimizes trauma and discomfort during the Heel Prick Test.

Enhanced circulation also supports faster and more effective wound healing. Once activated, the heel warmers quickly raise the local temperature without affecting the baby's overall body temperature, ensuring safety while helping produce higher-quality blood samples.



# **EFFECTIVE:**

Conforms to infant's foot shape, keeping warmth where needed.

# SAFE:

Made with non-toxic food grade Sodium Acetate and boasts uniform heat distribution.

# **RELIABLE:**

Heel warmer will not exceed 40°C/104°F and gradually decreases temperature over time.

### TO ACTIVATE...



1. Locate inner fluid bag and squeeze firmly to break.



2. Knead pack to activate throughout.



**3.** Apply to the heel and secure with adhesive tab.

**Note:** Hold the warmer on the heel for 1 to 3 minutes, checking every 30 seconds, until the blood vessels become dilated. This makes blood sampling easier.

Not made with DEHP.

Not made with natural rubber latex.

Do not use this Infant Heel Warmer on injured skin and use with extra care on a premature infant.

- For external use only
- Do not puncture or strike pack
- Reaches a temperature of 104°F (from 75°F starting temperature)
- Do not microwave. Do not heat externally.
- Do not reuse a device; it is intended for a one-time use only. Using a
- · reheated device could cause a burn.
- If contents come in contact with the eyes, flush them thoroughly with water and immediately notify the healthcare provider.
- If heel warmer contents leak and come in contact with the skin, wash immediately with mild soap and water. Also change affected clothing and bedding.
- · Activate away from the face and infant.













